Summer Spotlight Series

Learning Abroad Information Sessions



LAC Health-related Programs 2022-23

LEARNING ABROAD CENTER

EAN Advisory Board Members

- Jeanette Bowman, College of Liberal Arts, (howey002@umn.edu)
- Gina Brewington, College of Food, Agricultural, and Natural Resource Sciences (gbrewing@umn.edu)
- Kim Hindbjorgen, Learning Abroad Center (khindbjo@umn.edu)
- Chris Schlichting, College of Design (schli019@umn.edu)
- Cathy Schuster, Office of Student Finance (heuer001@umn.edu)
- Ellen Sunshine, College of Education and Human Development (sunsh001@umn.edu)
- Adriana Taborda, College of Liberal Arts (tabo0017@umn.edu)
- Christopher Xaphakdy, College of Liberal Arts (xapha001@umn.edu)

Medicine, Public Health & Health Sciences Learning Abroad Resource



Pre-Professional Learning
Abroad Advising Resources

PRE-LAW STUDENTS

MEDICINE, PUBLIC HEALTH & HEALTH SCIENCES

LEARNING ABROAD CENTER

Global Health Advising Collaborative Members

- Scott Daby, Learning Abroad Center
- College of Continuing and Professional Studies, rotating based on meeting availability:
 - Amy Burger Sanchez
 - Karen Moon
- · Julie Goepferd, University Honors Program
- · Barbara Goodwin, College of Liberal Arts
- · Jessica Hartnett, Learning Abroad Center
- · Chad Horsley, College of Liberal Arts
- · Lindsey Lahr, Learning Abroad Center
- Forest McMillian, College of Biological Sciences
- Anna Mraz, College of Education and Human Development
- · Adam Pagel, College of Science and Engineering
- Robin Perez, College of Food, Agricultural and Natural Resource Sciences
- Emiko Tachikawa Walker, University of Minnesota Rochester
- Tricia Todd, Pre-Health Student Resource Center

Presenters

Holly Zimmerman LeVoir (zimme001@umn.edu)

Cross-Cultural Health in Spain and Psychology & Research in Madrid

Tim Dohmen (tedohmen@umn.edu)

Study Comparative Health Care & Intern in London

Jessica Hartnett (hart0581@umn.edu)

Minnesota Studies in International Development (Ecuador, Senegal, or Thailand)

Amy Garwood-Diaz (garw0005@umn.edu)

Sustainable Approaches to Health in France (offered spring 2023), Health in the Andes, & Health & Medicine in India

LEARNING ABROAD CENTER

COVID-19 & Health Placements

- We were limiting patient-facing placements, but are starting to phase them back in
- If we feel confident in the level of PPE our students would be provided, we can move forward
- However, these placements should not take away resources from the local staff and communities (PPE, time, etc.)
- Placements may need to change based on current COVID levels and local resources



CROSS-CULTURAL HEALTH IN SPAIN

LEARNING ABROAD CENTER

Cross-Cultural Health in Spain

Geared toward pre-health students who have an intermediate to advanced level of Spanish

Multiple health related courses offered in Spanish

All 3000 level courses and vetted by UofM departments

Health internships in Spanish

Students also have access to other courses taught on the Study & Intern program

Excursions

Homestay Experience or dorm



LEARNING ABROAD CENTER

Research/Internship placements

Research Placements

Hospital Nacional de Parapléjicos (National Paraplegic Hospital)I: (Sensorimotor research lab, Neuroregenerative Biochemistry lab, Functional electrical stimulation of the Nervous system & Biomechanics and technical aids)

Internships

Residencia de Mayores (Senior Citizen Housing)

Cruz Roja (Red Cross)

Hospital Quirón

Hospital Nacional de Parapléjicos (National Paraplegic Hospital)



LEARNING ABROAD CENTER

Other course offerings in Toledo

Students in the Health program can also take classes from the regular curriculum in:

- Literature
- Business
- Culture
- Linguistics
- Anthropology
- Political Science
- Art History
- Women's Studies
- Film Studies and more



Psychology & Research in Madrid

LEARNING ABROAD CENTER

Psychology and Research in Madrid

- Geared toward B.A. and B.S. Psychology majors/minors (Some background in Spanish preferred)
- Psychology courses taught in English
- All 3000 level courses and vetted by the UofM Psychology department
- Research and internship placements in English or Spanish
- Liberal Education, culture courses taught in English
- Intermediate and advanced Spanish language courses
- Excursions
- Homestay Experience, apartment or dorm
- Students have option to take other courses from Study & Intern in Madrid program



LEARNING ABROAD CENTER

Psychology and Research in Madrid

Psychology Course Offerings in English

- Intro to Biological Psychology
- Cross-Cultural Psychology
- Psychology in the Workplace
- Research Laboratory in Psychology
- Health Psychology
- Sensation and Perception
- Abnormal Psychology
- Human Neuroanatomy
- Internships and Research in Psychology

Research Examples

- Cajal Institute
- National Hospital for Paraplegics
- Mental Health Counseling
- Addiction Therapy
- Parkinson's Association
- Alzheimer's clinic
- And many more

Study Comparative Healthcare and Intern in London

LEARNING ABROAD CENTER

Program Curriculum

Comparative Healthcare Systems (3 credits)

- Introduction to the National Health Service (NHS) the healthcare system in the UK.
- Exploration of changes that have taken place in the system through the years.
- Use of articles, case studies and student experiences to compare the UK model of healthcare with the the US system.

Observational Internship

Placed in a variety of healthcare internships (Clinics, hospitals and NHS related organizations) with an observational component. The internship experience used as text for internship course

Global Healthcare Internship Course (3 credits)

- Focus on Career Development with students will drawing upon their observational internship to provide context to the course
- Exploration of professional skills and competencies as a healthcare professional with the main goal of articulating competencies and skills gained



Tim Dohmen, Learning Abroad Center Program Director, *London, Sydney and Barcelona* tedohmen@umn.edu

LEARNING ABROAD CENTER

Health & Medicine in India

Mysore, India: Winter Break abroad + Spring Semester course on campus

LEARNING ABROAD CENTER

Health & Medicine in India

- 2+ weeks, 3 credits, AHS 3001
- On-campus course during first half of semester
- Abroad in India for 2+ weeks in January

Themes

- Public Health
- Youth Community Engagement
- Dynamics of Health and Wealth Disparities
- Structure of healthcare systems
- UN Sustainable Development Goals

Highlights

- Mysore Palace and Chamundi Temple
- Mysore Medical College and Hospital
- The ancient city of Sharavanabelagoia
- Overnight Jungle Retreat
- Classes at Swami Vivekananda Youth Movement: leading NGO in health and medicine in India



Application Deadline: October 1

LEARNING ABROAD CENTER

Health in the Andes: Humans, Animals, & Ecosystems

Quito, Ecuador; Spring Break abroad + Spring semester course on campus

LEARNING ABROAD CENTER

Health in the Andes

- 1 week, 3 credits, AHS 1901
- On-campus course during spring semester
- Abroad in Ecuador for 1 week in March

Themes

- Health of human and animal ecosystems
- Conservation efforts
- Health of indigenous communities
- Tropical Rainforest Ecology
- UN Sustainable Development Goals

Highlights

- Private hospital in Quito
- Rural health center in Tacundo
- Rainforest exploration
- Western and traditional hospitals in Otavalo
- Overnight excursion to hot springs



Application Deadline: December 1

LEARNING ABROAD CENTER

Sustainable Approaches to Health in France

Montpellier, France; May Seminar Abroad + Spring semester course on campus

LEARNING ABROAD CENTER

Sustainable Approaches to Health in France

- 2+ weeks, 3 credits, 3XXX level
- On-campus course during second half of semester
- Abroad in France for 2+ weeks in May

Themes

- Innovation in the health care sector
- Structure of health care systems
- Cultural contexts and societal conditions of the French Healthcare system, and effects of globalization on the health care sector and on broader global health.
- UN Sustainable Development Goals

Highlights

- University of Montpellier Medical School, the world's oldest active school of medicine
- The National Ministry of Social Affairs and Health
- Jardin de plantes—the oldest botanical gardens in France to connect natural products to the development of medicine



Application Deadline: January 15

LEARNING ABROAD CENTER

MSID

(Minnesota Studies in International Development)

Ecuador, **Senegal or Thailand**

LEARNING ABROAD CENTER

Program Overview









- Started in 1982
- Offered fall or spring semester
- Experiential
- Small cohort
- Health theme
- Language learning (optional language pre-session in Ecuador & Senegal)

Health Theme by Location

Ecuador

Public Health & Traditional
 Andean Medicine

Senegal

Public & Community Health

Thailand

 OneHealth: Humans, Animals, & Environment



Internship Examples

Ecuador

- Shadow a rural hospital that provides medical services to indigenous communities
- Conduct nutrition outreach within a rural, indigenous community
- Learn about ancestral and alternative medicine by shadowing practitioners as therapies and treatments are being delivered

Senegal

- Work in a women's maternal health clinic
- Assist a public health organization with disease tracking, reporting and mapping
- Work in a traditional medicine institution



Thailand

- Assist in the preparation of medical supplies for relief organizations that serve refugees
- Assist in building mobile health clinics that will be used to improve the health of populations of internally displaced people
- Collect information regarding traditional medical plant remedies that are used among indigenous people

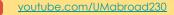
LEARNING ABROAD CENTER

Comments? Questions?













<u>UofM Learning Abroad Center International Educators Network</u>

UMabroad.umn.edu

The University of Minnesota is an equal opportunity educator and employer. © 2015 Regents of the University of Minnesota. All rights reserved. This presentation is available in alternative formats upon request. Please contact the Learning Abroad Center communications team at 612.626.9000.

LEARNING ABROAD CENTER